



Sip of the Week

June 5, 2015

Sip of the Day

WICKED GOOD: The Boston Bucket List

I recently explored the amazing town of Boston. Talk about history...this is where America started! I learned a lot on the [Freedom Trail](#) and received great to-do recommendations from long time Bostonian, *Matthew Ings*:

The North End—This section of Boston contains dozens of really great Italian restaurants. Hanover Street is the busiest section, but some of the side streets are worth exploring. I don't think you can go wrong with any restaurant, but Giacomo's is worth the long wait, and Mike's Pastries is a must for getting some desert to go. If you are into history, then you can also see the Old North Church where Paul Revere started his famous ride.

Get on a Boat—It is a great way to see the city skyline and some of the boat rides include a tour guide pointing out aspects of Boston's history. George's Island is a cool island with an old battle fort. You can pick up tickets by the Marriott on Long Wharf. If this is not your thing, then another cheaper / quicker option is to take the Long Wharf->Charlestown ferry to Charlestown and back. Again – some nice city views here, but as this is a commuter boat, there is any history lesson involved.

Museums—The MFA and Science museums are very popular, but my favorite is the ICA (Institute of Contemporary Art). It is still fairly new, and located in the Fort Point area of the city where we have lots of expansion – new hotels and restaurants. The art here is very different than a traditional museum and it is not too large, so you can spend an hour or two here and move on. From the ICA you can take a short walk back towards the city center and stop to eat / drink at The Barking Crab. This is a very informal seafood joint with some nice beers on tap.

Fenway—The park often has tours available. I would consider Fenway to be on the bucket list for anyone who has ever enjoyed watching or playing baseball. Fenway is easily accessible from the T (our subway).

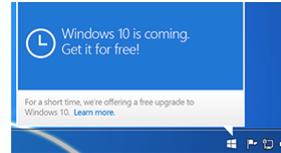
Seafood—Legal Seafood and The Oyster House are two favorites, but if you like shellfish then 'Eastern Standard' has a good raw bar, and a very nice cocktail menu. This is close to Fenway as well.

Harvard Square—Although not in Boston, Cambridge is a great spot to check out. You can stroll through Harvard Yard and grab a coffee in the square. There is a very interesting mix of characters here, great for people watching.

Parks—Rose Kennedy Greenway, the Boston Common, and Public Gardens. The latter being great in the spring time for landscape and flower photos.

Beer—Samuel Adams and Harpoon are the local favorite breweries. Some better and lesser known options are Trillium and Pretty Things brewery. Pretty Things specializes in odd brews served in 22 oz. bottles, which you can find at 'Eastern Standard' (mentioned above). Cheers!

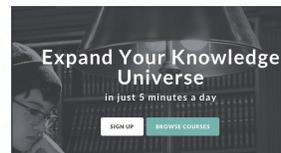
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Titera's Titbit: FDR Takes the U.S. Off Gold Standard

On June 5, 1933, the United States went off the gold standard, a monetary system in which currency is backed by gold, when Congress enacted a joint resolution nullifying the right of creditors to demand payment in gold. The United States had been on a gold standard since 1879, except for an embargo on gold exports during World War I, but bank failures during the Great Depression of the 1930s frightened the public into hoarding gold, making the policy untenable. Soon after taking office, Roosevelt declared a [\[More\]](#)